

## **Leadership Orientation Retreat (LOR)**

The Leadership Orientation Retreat (LOR) is designed to provide students with experiential leadership opportunities outside of the classroom. Through a series of team-building exercises, leadership challenges, and social events, 1Ls learn about their own leadership style and effectiveness in team situations. LOR sets the stage for the in-classroom leadership training that will continue over the following days. Activities during LOR include ropes course challenges and improv workshops.

## **Personality and Leadership**

In the Personality and Leadership module, students identify their own behavioral patterns that relate to a broad set of core leadership capabilities including communication, assertiveness, organization and idea generation. The students also have the opportunity to evaluate the relationship of key personality traits to their own leadership style. The students learn a vocabulary they can employ in other modules and a framework for understanding leadership.

## **Conflict Management**

Keeping a level head during tense interactions is not just reserved for the courtroom or a client's conference room. Whenever people interact, the potential for conflict naturally exists. As a leader, your ability to manage conflict whether it directly involves you or those you lead is a critical skill. This module examines the behaviors typically present during conflict, and presents a framework for addressing conflict more productively.

## **Captivate the Audience (CTA)**

During CTA, students are given the opportunity to benchmark and improve their public speaking abilities by addressing core presentation components: mechanics, organization, and captivation. Students are videotaped delivering a speech to some of their classmates. Each student receives individualized feedback as well as the opportunity to put the feedback to immediate use. Each student receives their video for further review and development.