Counselor Licensure Program (CLiP) for Current Students in and Alumni of the MA Program in the Graduate School of Professional Psychology

(*Courses below are designed to meet the requirement of the Board of Behavioral Health and Therapy (BBHT) which states that LPC and LPCC licensees must complete an additional 12 credits of graduate-level coursework (i.e., in addition to a licensee’s graduate program) prior to the completion of the first four years of licensure. Students are asked to see what subject areas can fulfill this requirement by going to this link:*

Summer Semester, 2021 (June 1 – July 19, 2021) - All courses will be held entirely online!

**CPSY 621-01 Neurobiology of Substance Use and Addiction (3 credits)**
- Required Prerequisite: CPSY 631: Physiological Bases of Behavior (or equivalent)
- Recommended Prerequisite: CPSY 620: Foundations of Substance Use and Addictions (or equivalent)
  - **Mondays (4:30 – 10:15 p.m.):** June 7, 14, 21, 28, July 12, 19
  - **Course Description:** This course will focus on the neurobiology of the brain as it relates to substance (ab)use and addiction. Students will become acquainted with the biopsychological and sociocultural aspects of substances of (ab)use and addiction and gain an understanding of how drugs act in the brain to cause behavioral changes. For each class of addictive substances, the course will cover general information, mechanisms of action in the brain, the physiological and psychological effects, and pharmacological treatments for abuse of that class of substances. Content pertaining to drug laws, how society perceives substance (ab)use, and the cultural impact of drug laws will be examined. Students will come away from this class with a strong understanding of the biological actions of drugs in the brain, how drugs affect behavior and psychology, and how pharmacological treatment approaches affect the brain and behavior.

**CPSY 648-01 Family Dynamics (3 credits)**
- Required Prerequisite: CPSY 650: Introduction to Marriage and Family Counseling (or equivalent)
  - **Classes will be held on the following weekends:**
    - **Fridays (4:30 - 10:15 p.m.):** June 4, 11, 25, July 16
    - **Saturdays (9:00 a.m. - 1:00 p.m.):** June 5, 12, 26, July 17
  - **Course Description:** An introductory-level course in marriage and family living. The course covers, but is not limited to, the following areas: family social trends, demographic data, stages of family development, characteristics of healthy families, sibling-position models of family development and of marital patterns, and varying conceptual models of family counseling. In most settings, the instructor utilizes a combination of lecture, videotape presentations and small-group discussions.

**CPSY 652-01 Marriage Counseling (3 credits)**
- Required Prerequisite: CPSY 650: Introduction to Marriage and Family Counseling (or equivalent)
  - **Wednesdays (4:30 – 10:15 p.m.):** June 2, 9, 16, 23 and July 7, 14
  - **Course Description:** Theory and techniques of marital therapy, including dysfunctional communication patterns, pathological marriage patterns, factors in marital selection, marital stress, behavioral approaches to marital therapy, family systems approaches to marital therapy, and psychoanalytic approaches to marital therapy.

**CPSY 752-01: Psychological Assessment, Intervention, and Consultation in Integrated Healthcare (3 credits)**
- **Tuesdays (4:30 – 10:15 p.m.):** June 1, 8, 15, 22, 29 and July 6, 13
  - **Course Description:** This course focuses on the role of psychology within integrated healthcare. It covers the history of the field of health psychology and assessment/treatment models utilized in integrated care settings. Specific and common health issues addressed by psychologists practicing on interdisciplinary medical teams are a focus of the course. Additionally, ethics, cultural considerations, interdisciplinary consultation & interprofessional communication, and advocacy are also addressed.

Fall Semester, 2021 (September 8 – December 22, 2021)

**CPSY 620-01: Foundations of Substance Use and Addictions (3 credits)**
- **Classes will be held on the following weekends:**
  - **Fridays (4:30 - 10:15 p.m.):** September 17, October 8, November 11, December 10
  - **Saturdays (9:00 a.m. - 1:00 p.m.):** September 18, October 9, November 12, December 11
  - **Course Description:** This course provides an overview of the historical foundations and emerging theories of substance use and addictive disorders. An emphasis will be placed on the biopsychosocial model of addiction, the principles of motivation and change within the therapeutic relationship, evidence-based treatment approaches, and the continuum of care for substance use disorders. This course will also explore how systemic and multicultural factors, and other contextual variables influence individual and cultural relationships to alcohol and drugs, through foundational readings on diversity within the addiction field.

**CPSY 651-01: Marriage and Family Development (3 credits)**
- Required Prerequisite: CPSY 650: Introduction to Marriage and Family Counseling (or equivalent)
  - **Classes will be held on the following weekends:**
    - **Fridays (4:30 - 10:15 p.m.):** September 10, October 1, November 5, December 3
    - **Saturdays (9:00 a.m. - 1:00 p.m.):** September 11, October 2, November 6, December 4
  - **Course Description:** Theory and research relating to marriage and family development, including family history, transgenerational family models, and developmental patterns involved with marriage and family growth.
Counselor Licensure Program (CLiP) for Graduates from the MA Program in the Graduate School of Professional Psychology (GSPP) University of St. Thomas

The Counselor Licensure Program (CLiP) in the Graduate School of Professional Psychology (GSPP) at the University of St. Thomas is designed to assist licensees (LPC, LPCC) meet the following requirement of the Minnesota Board of Behavioral Health and Therapy (BBHT):

*Minnesota Statutes, section 148B.54, subdivision 2 states, “At the completion of the first four years of licensure, a licensee must provide evidence satisfactory to the board of completion of 12 additional postgraduate semester credit hours or its equivalent in counseling as determined by the board, except that no licensee shall be required to show evidence of greater than 60 semester hours or its equivalent."


Graduate coursework in counseling completed prior to or after your degree program can be considered toward the requirements. Courses fulfilling the BBHT’s 12-credit, graduate-level, additional course requirement (listed above) must fall under the following ten content areas: [https://www.revisor.mn.gov/rules/2150.2540/](https://www.revisor.mn.gov/rules/2150.2540/)

- the helping relationship, including counseling theory and practice;
- human growth and development;
- lifestyle and career development;
- group dynamics, processes, counseling, and consulting;
- assessment and appraisal;
- social and cultural foundations, including multicultural issues;
- principles of etiology, treatment planning, and prevention of mental and emotional disorders and dysfunctional behavior;
- family counseling and therapy;
- research and evaluation; and
- professional counseling orientation and ethics.

Below is a list of GSPP courses in the Counselor Licensure Program (CLiP).

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For more information about the CLiP, go to: [https://www.stthomas.edu/graduate-psychology/programs/continuing-ed/lpc-lpcc/](https://www.stthomas.edu/graduate-psychology/programs/continuing-ed/lpc-lpcc/)