

AQUINAS SCHOLARS
Honors Seminars
Summer 2024

Date: February 21, 2024

Note: All seminars are two credits.

Honors seminars are all published in the Schedule of Classes under HONR. Honors seminars all have a course number of HONR 480 or HONR 481. The word "Honors" or an abbreviation of honors, such as "HONR," is at the beginning of the course title.

Please contact Ray Baldwin at bald8138@stthomas.edu if you have any questions.

Summer 2024 - 2nd Session

HONR 481-L02 (CRN 30340) - Minnesota Grown at the Global Table: Food Movements and Cultures

Summer 2024 - TR 10:00AM - 12:00PM Location: **TBD** (In-Person)

2nd Summer Session - 7/15/24 - 8/22/24

Faculty: Olga Herrera (English) and Shaherzad Ahmadi (History)

Have you ever thought about where your food comes from, and why it matters that we know? Have you considered the intersections of diet and health, or food and medicine? In this seminar, we will take a close look at the Twin Cities food scene and discuss ways that various food movements—local, organic, health, urban farming, social justice—have taken root here, shaped our food options, and mobilized communities. We will read excerpts from fiction, nonfiction, journalism, and cookbooks; readings will include the full novel *Kitchens of the Great Midwest* by J. Ryan Stradel and excerpts from *Animal, Vegetable, Miracle* by Barbara Kingsolver, *Original Local: Indigenous Food, Stories, and Recipes from the Upper Midwest* by Heid E. Erdrich, *Decolonize Your Diet* by Carolina Rueda Esquibel, and others. We will venture out into the field to see real-world examples of how local activists, businesses, nonprofits, and restaurants are participating in these movements to eat better and make a difference.

This seminar counts toward the following core requirements:

- ***Integrations in the Humanities***
- ***Diversity, Inclusion & Social Justice***
- ***Writing to Learn (Writing Across the Curriculum)***