

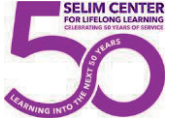
Selim Center for Lifelong Learning  
MAIL OEC 109  
University of St. Thomas  
2115 Summit Avenue  
Saint Paul, MN 55105

Non-Profit Org.  
U.S. Postage  
PAID.  
University of  
St. Thomas



# Schedule of Programs

## FEBRUARY-MAY 2024



The Selim Center for Lifelong Learning has proudly provided lifelong learning opportunities since 1973. This flyer provides you with information on our upcoming classes. We are excited to offer in-person on-campus learning with live, simultaneous online learning for all programs.

### Winter Online Classes

#### Reappraising “The Good Life in Minnesota” with Mr. Dane Smith (\$100)

A Time magazine cover in August 1973 revealed “The Good Life in Minnesota” to the nation & world. A half-century later, journalist Dane Smith is re-evaluating Minnesota’s essence & basic condition, including his analysis of the state’s evolution from various angles. Wednesdays, Feb. 7-28, 10:00-11:45 a.m.

#### Pope Francis, the Synod, & the US Catholic Church with Dr. Massimo Faggioli (\$30)

This lecture will address the relationship between Pope Francis’ pontificate, the Synod on Synodality & the American Catholic Church. It will provide a short history of the Synod on synodality (2021-) & will analyze some deeper theological & ecclesial issues debated at the Synod. Wednesday, March 6, 10:00-11:45 a.m.

#### History of the American West with Dr. Stephen Hausmann (\$125)

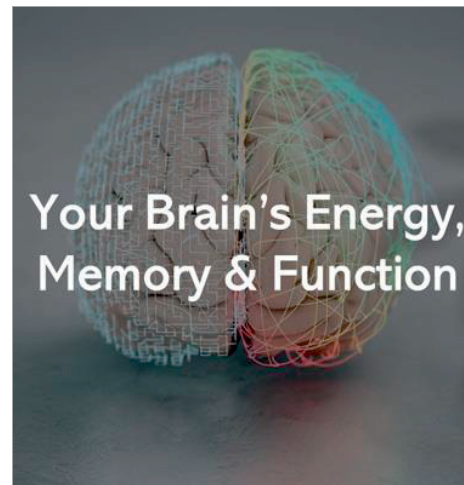
What is the American West, a place or an idea? This five-week course will examine the history of the West as both an idea & a place, including well known stories, & also lesser-known Western events & people. Through these stories & more, you’ll gain a full understanding of the American West & why the region & its characters have fascinated Americans for generations. Thursdays, February 15-March 14, 10:00-11:45 a.m.

## New Year, New Learning Opportunities!

Join the Selim Center for these upcoming lifelong learning opportunities:

- Three Winter online-only programs
- Seven Spring Lecture Series programs (available in-person and also as online-simulcast)
- Two Spring Single Session events (available in-person and also as online-simulcast)

Read more inside this flyer; complete details available at [www.stthomas.edu/selim-center](http://www.stthomas.edu/selim-center)

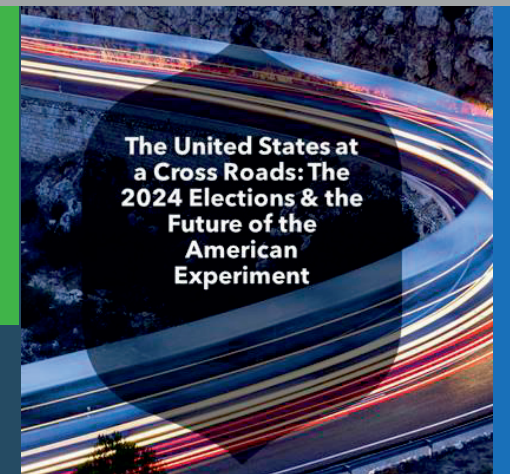


#### April 19 Lunch’n Explore Event with Dr. William Frey II, Ph.D. (\$45.00)

What are the critical elements in brain health? What can be done when things go wrong? How do new treatments get developed? Dr. Bill Frey will describe his ground-breaking research developing innovative ways to treat & prevent Alzheimer’s, Parkinson’s, stroke, head injury & posttraumatic stress disorder, the challenges in translating that research into treatment, & the critical roles diet & exercise play in maintaining our brains’ health & function.

#### May 3 Lunch’n Explore Event with Dr. David Schultz (\$45.00)

The 2024 elections in the US test an America at the crossroads. We are a nation divided across many dimensions, facing significant challenges & choices. This talk examines the importance of the national & state elections, looking at the factors that will decide the winners & what it will mean for the US in the next four years.



Spring 2024 Lunch’n Explore Events, 11:45 a.m.-1:30 p.m.  
Anderson Student Center, Woulfe Alumni Hall (3<sup>rd</sup> Floor)

### Spring 2024 Lecture Series Programming

Spring term begins on April 2, and concludes on May 9. All lecture series programs take place in the O'Shaughnessy Educational Center auditorium on the University of St. Thomas St. Paul Campus. A live Zoom simulcast option is available for all lecture series programs.

Read more about all programs at [www.stthomas.edu/selim-center](http://www.stthomas.edu/selim-center)

#### An Introduction to Hinduism with Dr. Anantanand Rambachan (\$150)

This course will study some ways in which the traditions of Hinduism have understood & responded to fundamental questions concerning the nature & meaning of existence. We'll learn about Hindu rituals & worship traditions, and more. Tuesdays, 10-11:45 a.m.

#### The Rise of China & Its International Implications with Dr. Zhenqing Zhang (\$150)

The rise of China has profound impact on the political & economic landscape of the globe. We'll explore a variety of topics through in-depth discussion of cases such as Hong Kong, Taiwan, Tibet, Xinjiang & their implications for China-U.S. relations. Tuesdays, 1:00-2:45 p.m.

#### Autocracy & democracy in Belarus, Russia & Ukraine with Dr. Renee Buhr (\$75)

This course will provide a broad overview of the history, national identity/ies & politics of Belarus, Russia & Ukraine. We'll focus on how revolution & nation-building in these states presented challenges to democratization & how they connect to the current war in Ukraine. Wednesdays, 10-11:45 a.m. (April 3-17)

#### Conflict, Uprising & The Future of the Planet with Dr. Amy Finnegan (\$75)

This series will explore the fundamentals of what makes a peaceful society & why conflict is so integral to social justice. It will introduce learners to what social movements are & why they matter...& the contemporary movement to protect & sustain life on Mother Earth. Wednesdays, 10-11:45 a.m. (April 24-May 8)

#### From the Vikings to IKEA: A History of Scandinavian Arts & Architecture with Dr. Kristin Anderson (\$150)

This course explores Scandinavian arts from prehistoric stone tools & tombs to stunning contemporary architecture & design, showing a lively interchange of ideas & influences with areas near & far. Wednesdays, 1:00-2:45 p.m.

#### All the World's a Stage: Lessons in Theater with Ms. Shanan Custer (\$150)

Join theater maker & professor Shanan Custer in some of her favorite lessons in theater, including history, musicals, comedy, new plays, and more. If you love attending theater or have always wanted to read or attend more plays, then this is the class for you! Thursdays, 10:00-11:45 a.m.

#### American Foreign Policy in the Middle East with Dr. Shaherzad Ahmadi (\$150)

Since the founding of the United States, various interest groups have argued that the federal government should either exert or limit its influence abroad. This course examines the relationship of the United States, as well as American non-state actors, with the states & populations of the Middle East. Thursdays, 1:00-2:45 p.m.

#### Payment Options & Sliding Scale Information

Registration can be completed by sending the form in this flyer, along with a check payable to the University of St. Thomas OR you can register using a credit card by using our online registration system. Note that all fees are nonrefundable & non-creditable at any time. To read more, including details of the sliding scale pricing, please visit the Center's website: [www.stthomas.edu/selim-center](http://www.stthomas.edu/selim-center)

#### Campus Parking & Map

Daytime visitor parking on the St. Paul campus is available in the Anderson Parking Facility & the Frey Hall Parking Ramp. All parking on campus is pre-paid.

To learn more & to download a campus map, visit the Center's website. If you'd prefer a paper copy of this information, please send a self-addressed, stamped business-size envelope & allow 7 business days to receive by postal mail.

## Winter-Spring 2024 Registration Form

**Note: You must select in-person or online learning for each event. Please note the in-person selection is in the first column and the online selection is in the second column.**

Name(s) \_\_\_\_\_ Age(s) \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zipcode: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Highest Level of Education Completed: \_\_\_\_\_

Are you a UST alumna/alumnus? \_\_\_\_\_ If yes, class year: \_\_\_\_\_

Profession (or what you did before retirement): \_\_\_\_\_

Write number of registrations for the series/events & format & check the pricing tier for which you are registering. Read more on tiered pricing on the Center's website. KEY: IP=in-person; OL=online

IP	OL		Base Price	Tier 1	Tier 2
		Winter: Reappraising "The Good Life in Minnesota" (\$100)			
		Winter: Pope Francis, the Synod, & the US Catholic Church (\$30)			
		Winter: History of the American West (\$125)			
		Spring: An Introduction to Hinduism (\$150)			
		Spring: The Rise of China & Its International Implications (\$150)			
		Spring: Autocracy & democracy in Belarus, Russia, & Ukraine (\$75)			
		Spring: Conflict, Uprising & The Future of the Planet (\$75)			
		Spring: From the Vikings to IKEA: A History of Scandinavian Arts & Architecture (\$150)			
		Spring: All the World's a Stage: Lessons in Theater (\$150)			
		Spring: American Foreign Policy in the Middle East (\$150)			
		Spring: April 19 Lunch'n Explore-Your Brain's Energy, Memory & Function (\$45)			
		Spring: May 3 Lunch'n Explore-The United States at a Crossroad: The 2024 Elections & the Future of the American Experiment (\$45)			

\_\_\_\_ Vegetarian Option required for food-based program OR

\_\_\_\_ Other Dietary Accommodation needed (please specify: \_\_\_\_\_)

\_\_\_\_ Voluntary Donation: \$ \_\_\_\_\_

**TOTAL ENCLOSED:\$ \_\_\_\_\_** (Please make checks payable to University of St. Thomas)

Completed forms and payment should be mailed to: Selim Center, MAIL OEC 109, University of St. Thomas, 2115 Summit Avenue, St. Paul, MN 55105 (please allow 5 business days for mail to reach us)