

# DEGREE PLANNING GUIDE: 2021-22

## Social Work

First year (<28 credits)	Sophomore (28-59 credits)	Junior (60-91 credits)	Senior (92+ credits)
<b>Semester 1</b> PSYC 111: General Psychology SOWK 181 : Intro to Social Work	<b>Semester 1</b> BIOL 105 Human Biology or BIOL 106: Women, Medicine	<b>Semester 1</b> SOWK 355: Comm. & Interv. Skills SOWK 391: Social Policy SOWK 291: Anatomy of Violence	<b>Semester 1</b> SOWK 401: Small Client Systems SOWK 405: Sr. Field & Seminar
<b>Semester 2</b> SOCI 100: Introduction to Sociology PSYC 202: Lifespan Development	<b>Semester 2</b> SOWK 240: People and the Environment	<b>Semester 2</b> SOWK 292: Loss, Grief, Resilience (2cr.)* SOWK 375: Jr Field & Seminar (2 cr)* SOWK 385: Group Work Skills SOWK 380: Social Work Research	<b>Semester 2</b> SOWK 402: Large Client Systems SOWK 406: Sr. Field & Seminar

### Requirements for Degree (44 credits + 16 allied cr.)

#### Required Program Core Courses

SOWK 181: Introduction to Social Work  
 SOWK 240: People and the Environment:  
 Theories of Justice, Behavior, & Impact  
 SOWK 355: Communication & Interviewing Skills  
 SOWK 375: Jr Field Placement & Integrative  
 Seminar (2cr.)  
 SOWK 380: Social Work Research  
 SOWK 385: Group Work Skills  
 SOWK 391: Social Policy for Social Change  
 SOWK 401: Generalist Practice 1: Small Client  
 Systems  
 SOWK 402: Generalist Practice II: Large Client  
 Systems  
 SOWK 405: Senior Field Placement & Integrative  
 Seminar  
 SOWK 406: Senior Field Placement & Integrative  
 Seminar  
 One elective from SOWK 295 series

#### Allied Requirements (16 cr)

PSYC 111: General Psychology  
 SOCI 100: Introduction to Sociology  
 PSYC 202: Lifespan Development  
 BIOL 105: Human Biology or BIOL 106: Women,  
 Medicine, & Biology

#### Must complete at least 2 cr from the following:

SOWK 292 Loss, Grief, Resilience &  
 Transformation (2cr)  
 SOWK 291 Anatomy of Violence (4 cr)  
 SOWK 297 Dying in America (4cr)

Students considering a major in Social Work should plan to meet with a social work advisor early in their college career.

[Stthomas.edu/socialwork/BSW](http://stthomas.edu/socialwork/BSW)  
[Socialwork@stthomas.edu/651-962-5800](mailto:Socialwork@stthomas.edu)

\*After 2021-22, SOWK 375 Field and Electives will be offered both spring and fall