

## Degree Planning Guide: PUBLIC HEALTH (B.S.)

First year (<28 credits)	Sophomore (28-59 credits)	Junior (60-91 credits)	Senior (92+ credits)
<b>Semester 1</b> PUBH 220 COMM 100 <u>or</u> 105	<b>Semester 1</b> PUBH 225 PUBH, HLTH, NUTR <u>or</u> EXSC Elective ENVR 151 <u>or</u> BIOL 209	<b>Semester 1</b> PUBH 300 PUBH 340 JPST 250 <u>or</u> GEOG 350 <u>or</u> BIOL/GEOL 161/361	<b>Semester 1</b> PUBH 470
<b>Semester 2</b> PSYC 111 BIOL 105, 106 <u>or</u> 207	<b>Semester 2</b> PUBH 230 PUBH 240 STAT 220 SOCI 100, 110, <u>or</u> 251	<b>Semester 2</b> PUBH 330 PUBH 350	<b>Semester 2</b> PUBH 465 PUBH 485

### REQUIREMENTS FOR DEGREE

#### Major Courses (40 credits):

PUBH 220 Intro. to Public Health and Social Justice (4 cr)  
 PUBH 225 Global Health and Development (4 cr)  
 PUBH 230 Public Health Communications (2 cr)  
 PUBH 240 US Health Care Delivery System (4 cr)  
 PUBH 300 Intro. to Epidemiology (4 cr)  
 PUBH 330 Health Policy (4 cr)  
 PUBH 340 Health Education: Planning, Implementation, and Evaluation (4 cr)  
 PUBH 350 Environment, Health, and Justice (4 cr)  
 PUBH 465 Public Health Research Methods (4 cr)  
 PUBH 470 Internship in Public Health (Internship) (2 cr)  
 PUBH 485 Senior Seminar: Public Health (4 cr)

#### Elective (4 credits) from PUBH, HLTH, NUTR or EXSC:

PUBH 200 Emerging Disease and Global Health (4 cr) or  
 PUBH 210 One Health or  
 NUTR 245 Introduction to Nutrition or  
 HLTH 250 Personal Health and Wellness (4 cr) or  
 HLTH 420 Lifestyle Change & Health Promotion (4 cr) or  
 HLTH 430 Worksite Health Promotion (4 cr) or  
 EXSC 213 Human Anatomy with Lab (4 cr) or  
 EXSC 214 Human Physiology with Lab (4 cr) or  
 EXSC 240 Medical Terminology (4 cr)

#### Allied Requirements (28 credits):

STAT 220 Statistics (4 cr)  
 PSYC 111 General Psychology (4 cr)  
 BIOL 105 Human Biology (4 cr) or  
 BIOL 106 Women, Medicine, and Biology (4 cr) or  
 BIOL 207 Genetics, Ecology and Evolution (4 cr)  
 COMM 100 Public Speaking (4 cr) or  
 COMM 105 Communication in the Workplace (4 cr)  
 ENVR 151 Environmental Challenges (4 cr) or  
 BIOL 209 Biology of Sustainability (4 cr)  
 JPST 250 Intro. to Justice and Peace Studies (4 cr.) or  
 GEOG 350 Geography of Global Health (4 cr) or  
 BIOL/GEOL 161/361 Medical Geology  
 SOCI 100 Intro. to Sociology (4 cr) or  
 SOCI 110 Social Problems (4 cr) or  
 SOCI 251 Race and Ethnicity (4 cr)

#### Core Requirements:

Students need to fulfill all core requirements in addition to the courses listed on this guide.

#### Advising:

The Department of Health and Exercise Science encourages students to consult our faculty about opportunities to engage in opportunities outside the curriculum such as research.

Students planning to continue their studies in various graduate or medical school programs may need to supplement the required courses with additional, related coursework as electives. Consulting your academic advisor and pre-health professions advisor is recommended.