

Breakfast

| Monday<br>September 20 | Tuesday<br>September 21 | Wednesday<br>September 22 | Thursday<br>September 23 | Friday<br>September 24 | Saturday<br>September 25 | Sunday<br>September 26 |
|------------------------|-------------------------|---------------------------|--------------------------|------------------------|--------------------------|------------------------|
|------------------------|-------------------------|---------------------------|--------------------------|------------------------|--------------------------|------------------------|

*Greens (Waffles)*

Waffle Bar Northsider      Waffle Bar Northsider      Waffle Bar Northsider      Waffle Bar Northsider      Waffle Bar Northsider

*Saute (Specials)*

|                             |                              |                        |                                    |                                      |
|-----------------------------|------------------------------|------------------------|------------------------------------|--------------------------------------|
| Poached Egg                 | Over Medium Fried Egg        | Toasted English Muffin | Potato Obrien                      | Strawberry Cream Cheese Casserole    |
| Chimmichurri Sorghum        | Blueberry Buttermilk Pancake | Poached Egg            | Picante Sauce                      | Fresh Sliced Strawberries            |
| Fresh Diced Red Bell Pepper | Bacon                        | Canadian Bacon         | Vegetarian Breakfast Sausage Patty | Fresh Mint Leaf                      |
| Baby Spinach                | Pancake & Waffle Syrup       | Spanish Paprika        | Tofu Scramble                      | Bacon                                |
| Fresh Diced Tomato          |                              | Baby Spinach           | Fresh Diced Green Onion            | Powdered Sugar                       |
|                             |                              |                        |                                    | Sweetened Lite Whipped Cream Topping |

*Pizza (Specials)*

|                                      |                                      |                                      |                                      |                                      |
|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|
| Bacon, Egg, & Cheese Breakfast Pizza | Bacon, Egg, & Cheese Breakfast Pizza | Bacon, Egg, & Cheese Breakfast Pizza | Bacon, Egg, & Cheese Breakfast Pizza | Bacon, Egg, & Cheese Breakfast Pizza |
| Egg & Cheese Breakfast Pizza         | Egg & Cheese Breakfast Pizza         | Egg & Cheese Breakfast Pizza         | Egg & Cheese Breakfast Pizza         | Egg & Cheese Breakfast Pizza         |
| Eggs Benedict Pizza                  | Eggs Benedict Pizza                  | Eggs Benedict Pizza                  | Eggs Benedict Pizza                  | Eggs Benedict Pizza                  |
| Sausage, Egg, & Cheese Pizza         | Sausage, Egg, & Cheese Pizza         | Sausage, Egg, & Cheese Pizza         | Sausage, Egg, & Cheese Pizza         | Sausage, Egg, & Cheese Pizza         |

*Salad Bar (Specials)*

|                      |                      |                      |                      |                      |
|----------------------|----------------------|----------------------|----------------------|----------------------|
| Breakfast Greens Bar | Breakfast Greens Bar | Breakfast Greens Bar | Breakfast Greens Bar | Breakfast Greens Bar |
| Oatmeal & Toppings   | Oatmeal & Toppings   | Oatmeal & Toppings   | Oatmeal & Toppings   | Oatmeal & Toppings   |

*Sweets (Specials)*

|                       |                       |                          |                                |                   |
|-----------------------|-----------------------|--------------------------|--------------------------------|-------------------|
| Mini Assorted Danish  | Mini Cinnamon Rolls   | Bread Turnover Apple Prd | Bread Donut Cake Chocolate Prd | Mini Caramel Roll |
| Apple Cinnamon Muffin | Chocolate Chip Muffin | Orange Blossom Muffin    | Cappucino Muffin               | Blueberry Muffin  |

*Lunch*

| Monday<br>September 20 | Tuesday<br>September 21 | Wednesday<br>September 22 | Thursday<br>September 23 | Friday<br>September 24 | Saturday<br>September 25 | Sunday<br>September 26 |
|------------------------|-------------------------|---------------------------|--------------------------|------------------------|--------------------------|------------------------|
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*Saute (Specials)*

|                                |                         |                                     |                             |                                |  |                                      |
|--------------------------------|-------------------------|-------------------------------------|-----------------------------|--------------------------------|--|--------------------------------------|
| Garlic Breadstick              | Quartered Toasted Naan  | Sorghum Lunch Bowl                  | Vegetable Broth             | General Tso Chicken            |  | Semi Sweet Chocolate Chips           |
| Andouille Gouda Mac And Cheese | Beef And Chickpea Curry | Fresh Cilantro                      | Rotisserie Pulled Chicken   | General Tso Vegetarian Chicken |  | Scrambled Eggs                       |
| Steamed Broccoli               | Fresh Cilantro          | Steamed Fresh Asian Blend Vegetable | Fresh Limes                 | White Rice                     |  | Chocolate Mousse                     |
| Fresh Diced Red Bell Pepper    | Jasmine Rice            | Baby Spinach                        | Fresh Cilantro              | Steamed Broccoli               |  | Cannoli Pancake                      |
| Baby Spinach                   | Cucumber Tomato Salad   |                                     | Rice Noodle                 | Fresh Diced Green Onion        |  | Bacon                                |
|                                | Baby Spinach            |                                     | Chicken Pho                 |                                |  | Powdered Sugar                       |
|                                |                         |                                     | Fried Tofu                  |                                |  | Sweetened Lite Whipped Cream Topping |
|                                |                         |                                     | Fresh Bean Sprouts          |                                |  |                                      |
|                                |                         |                                     | Fresh Shredded Carrots      |                                |  |                                      |
|                                |                         |                                     | Fresh Diced Green Onion     |                                |  |                                      |
|                                |                         |                                     | Fresh Diced Jalapeno Pepper |                                |  |                                      |

*Carvery (Specials)*

|                             |                               |                        |                        |                                     |  |  |
|-----------------------------|-------------------------------|------------------------|------------------------|-------------------------------------|--|--|
| Straight Cut French Fries   | Sweet Potato Waffle Fries     | Wedge Cut French Fries | Wedge Cut French Fries | Sesame Quinoa Ginger Salad          |  |  |
| Bahn Mi Pork Belly Sandwich | Hawaiian Chicken Sandwich     | Pastrami Sandwich      | Wiseguy Sandwich       | Sandwich Chicken Curry Coconut Prep |  |  |
|                             | Hawaiian Chicken Sub Sandwich |                        |                        | Green Leaf Lettuce                  |  |  |

*The Grill (Specials)*

|                           |
|---------------------------|
| Scrambled Eggs            |
| Herb Italian Parsley Prep |
| Bacon And Corn Pancake    |
| Corn Salsa                |
| Pork Sausage Link         |

*Pizza (Specials)*

|                 |                 |                 |                 |                 |                                      |
|-----------------|-----------------|-----------------|-----------------|-----------------|--------------------------------------|
| Cheese Pizza    | Cheese Pizza    | Cheese Pizza    | Cheese Pizza    | Cheese Pizza    | Bacon, Egg, & Cheese Breakfast Pizza |
| Pepperoni Pizza | Pepperoni Pizza | Pepperoni Pizza | Pepperoni Pizza | Pepperoni Pizza | Egg & Cheese Breakfast Pizza         |
| Sausage Pizza   | Sausage Pizza   | Sausage Pizza   | Sausage Pizza   | Sausage Pizza   | Eggs Benedict Pizza                  |
|                 |                 |                 |                 |                 | Sausage, Egg, & Cheese Pizza         |

*Lunch*

| Monday<br>September 20 | Tuesday<br>September 21 | Wednesday<br>September 22 | Thursday<br>September 23 | Friday<br>September 24 | Saturday<br>September 25 | Sunday<br>September 26 |
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*Pasta Bar (Specials)*

|                                       |                                       |                                       |                                       |                                       |  |  |
|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|--|--|
| Beef Meatball                         | Beef Meatball                         | Beef Meatball                         | Beef Meatball                         | Beef Meatball                         |  |  |
| Garlic Breadstick                     | Garlic Breadstick                     | Garlic Breadstick                     | Garlic Breadstick                     | Garlic Breadstick                     |  |  |
| Grated Parmesan Cheese                | Grated Parmesan Cheese                | Grated Parmesan Cheese                | Grated Parmesan Cheese                | Grated Parmesan Cheese                |  |  |
| Rotisserie Pulled Chicken             | Rotisserie Pulled Chicken             | Rotisserie Pulled Chicken             | Rotisserie Pulled Chicken             | Rotisserie Pulled Chicken             |  |  |
| Gluten Free Penne Pasta               | Gluten Free Penne Pasta               | Gluten Free Penne Pasta               | Gluten Free Penne Pasta               | Gluten Free Penne Pasta               |  |  |
| Penne Rigate Noodles                  | Penne Rigate Noodles                  | Penne Rigate Noodles                  | Penne Rigate Noodles                  | Penne Rigate Noodles                  |  |  |
| Alfredo Sauce                         | Alfredo Sauce                         | Alfredo Sauce                         | Alfredo Sauce                         | Alfredo Sauce                         |  |  |
| Spaghetti Sauce                       | Spaghetti Sauce                       | Spaghetti Sauce                       | Spaghetti Sauce                       | Spaghetti Sauce                       |  |  |
| Crushed Red Pepper                    | Crushed Red Pepper                    | Crushed Red Pepper                    | Crushed Red Pepper                    | Crushed Red Pepper                    |  |  |
| Fresh Steamed Italian Vegetable Blend | Fresh Steamed Italian Vegetable Blend | Fresh Steamed Italian Vegetable Blend | Fresh Steamed Italian Vegetable Blend | Fresh Steamed Italian Vegetable Blend |  |  |

*Salad Bar (Specials)*

|           |           |           |           |           |  |                                 |
|-----------|-----------|-----------|-----------|-----------|--|---------------------------------|
| Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |  | Salad Bar<br>Oatmeal & Toppings |
|-----------|-----------|-----------|-----------|-----------|--|---------------------------------|

*Soup (Specials)*

|                       |                          |                                   |                       |                          |  |                                   |
|-----------------------|--------------------------|-----------------------------------|-----------------------|--------------------------|--|-----------------------------------|
| Beef Barley Soup      | Chicken Noodle Soup      | Beef And Spaetzle Soup            | Chicken Dumpling Soup | Broccoli And Cheese Soup |  | Beef And Spaetzle Soup            |
| Black Bean Soup       | Sausage And Corn Chowder | Butternut Squash Soup             | Beef And Bean Chili   | Chicken Tortilla Soup    |  | Butternut Squash Soup             |
| Chicken Dumpling Soup | Tomato Basil Soup        | Chicken Wild Rice Soup With Bacon | Garden Vegetable Soup | New England Clam Chowder |  | Chicken Wild Rice Soup With Bacon |

*Sweets (Specials)*

|                       |                               |                                   |                              |                          |  |                             |
|-----------------------|-------------------------------|-----------------------------------|------------------------------|--------------------------|--|-----------------------------|
| Cake Devils Food Prd  | Traditional Rice Krispie Bars | Cake Brownie Double Chocolate Prd | Cake Carrot Cream Cheese Prd | Rice Krispie Scotcherros |  | Bread Donut Yeast White Prd |
| Chocolate Chip Cookie | Oatmeal Raisin Cookie         | Peanut Butter Cookie              | Sugar Cookie                 | Chocolate Chunk Cookie   |  | Orange Blossom Muffin       |

*Dinner*

| Monday<br>September 20 | Tuesday<br>September 21 | Wednesday<br>September 22 | Thursday<br>September 23 | Friday<br>September 24 | Saturday<br>September 25 | Sunday<br>September 26 |
|------------------------|-------------------------|---------------------------|--------------------------|------------------------|--------------------------|------------------------|
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*Saute (Specials)*

|                                   |                           |                                      |                             |                                      |  |                             |
|-----------------------------------|---------------------------|--------------------------------------|-----------------------------|--------------------------------------|--|-----------------------------|
| Shaved Parmesan Cheese            | Beef Bordelaise           | Grilled Mediterranean Chicken Breast | Vegetable Egg Roll          | Coq Au Vin Chicken                   |  | Cream Cheese Wonton         |
| Grilled Balsamic Chicken Breast   | Herb Italian Parsley Prep | Fresh Sliced Lemon                   | Chicken Lo Mein             | Herb Italian Parsley Prep            |  | Beef And Broccoli           |
| Grilled Vegetarian Chicken Breast | Mashed Potatoes           | Herb Italian Parsley Prep            | Green Leaf Lettuce          | Rosemary Garlic Roasted Red Potatoes |  | White Rice                  |
| Tomato Risotto                    | Bordelaise Sauce          | Francese Sauce                       | Fresh Diced Green Onion     | Fresh Roasted Brussel Sprouts        |  | White Sesame Seed           |
| Balsamic Glaze                    | Roasted Green Top Carrots | Zucchini Noodles                     | Fresh Diced Red Bell Pepper |                                      |  | Fresh Diced Red Bell Pepper |
| Baby Spinach                      |                           |                                      |                             |                                      |  |                             |

*Carvery (Specials)*

|                           |                                   |                           |                              |                                       |  |  |
|---------------------------|-----------------------------------|---------------------------|------------------------------|---------------------------------------|--|--|
| Corned Beef Brisket       | Southern Fried Chicken Breast     | Lua Lua Roasted Pork Butt | Rotisserie Chicken           | Roasted Salmon                        |  |  |
| 1000 Island Dressing      | Bacon And Cheddar Mashed Potatoes | Basmati Rice              | Herb Italian Parsley Prep    | Herb Italian Parsley Prep             |  |  |
| Creamy Hash Browns        | Steamed Corn On The Cob           | Sesame Coleslaw           | Wedge Cut French Fries       | Penne Alfredo Pasta                   |  |  |
| Warm Apple Cider Coleslaw | Fresh Diced Green Onion           | Pineapple Mango Salsa     | Provencal Sauce              | Puttanesca Relish                     |  |  |
| Fresh Diced Green Onion   |                                   | Green Leaf Lettuce        | Fresh Roasted Green Zucchini | Fresh Steamed Italian Vegetable Blend |  |  |

*The Grill (Specials)*

|  |                                      |  |  |  |  |                                 |
|--|--------------------------------------|--|--|--|--|---------------------------------|
|  | Grilled Cilantro Lime Chicken Breast |  |  |  |  | Vegan Falafel                   |
|  | Grilled Vegetarian Chicken Breast    |  |  |  |  | Quartered Toasted Naan          |
|  | Fresh Limes                          |  |  |  |  | Chicken Souvlaki                |
|  | Fresh Cilantro                       |  |  |  |  | Fresh Lemon Wedge               |
|  | White Rice                           |  |  |  |  | Herb Italian Parsley Prep       |
|  | Fresh Pico De Gallo                  |  |  |  |  | Rice Pilaf                      |
|  | Saute Peppers & Onions               |  |  |  |  | Tzatziki Sauce                  |
|  |                                      |  |  |  |  | Steamed Six Way Vegetable Blend |

*Pizza (Specials)*

|                 |                 |                 |                 |                 |  |                 |
|-----------------|-----------------|-----------------|-----------------|-----------------|--|-----------------|
| Cheese Pizza    | Cheese Pizza    | Cheese Pizza    | Cheese Pizza    | Cheese Pizza    |  | Cheese Pizza    |
| Pepperoni Pizza | Pepperoni Pizza | Pepperoni Pizza | Pepperoni Pizza | Pepperoni Pizza |  | Pepperoni Pizza |
| Sausage Pizza   | Sausage Pizza   | Sausage Pizza   | Sausage Pizza   | Sausage Pizza   |  | Sausage Pizza   |

Dinner

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*Pasta Bar (Specials)*

|                                       |                                       |                                       |                                       |                                       |                                       |                                       |
|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|
| Beef Meatball                         | Beef Meatball                         | Beef Meatball                         | Beef Meatball                         | Beef Meatball                         | Beef Meatball                         | Beef Meatball                         |
| Garlic Breadstick                     | Garlic Breadstick                     | Garlic Breadstick                     | Garlic Breadstick                     | Garlic Breadstick                     | Garlic Breadstick                     | Garlic Breadstick                     |
| Grated Parmesan Cheese                | Grated Parmesan Cheese                | Grated Parmesan Cheese                | Grated Parmesan Cheese                | Grated Parmesan Cheese                | Grated Parmesan Cheese                | Grated Parmesan Cheese                |
| Rotisserie Pulled Chicken             | Rotisserie Pulled Chicken             | Rotisserie Pulled Chicken             | Rotisserie Pulled Chicken             | Rotisserie Pulled Chicken             | Rotisserie Pulled Chicken             | Rotisserie Pulled Chicken             |
| Gluten Free Penne Pasta               | Gluten Free Penne Pasta               | Gluten Free Penne Pasta               | Gluten Free Penne Pasta               | Gluten Free Penne Pasta               | Gluten Free Penne Pasta               | Gluten Free Penne Pasta               |
| Penne Rigate Noodles                  | Penne Rigate Noodles                  | Penne Rigate Noodles                  | Penne Rigate Noodles                  | Penne Rigate Noodles                  | Penne Rigate Noodles                  | Penne Rigate Noodles                  |
| Alfredo Sauce                         | Alfredo Sauce                         | Alfredo Sauce                         | Alfredo Sauce                         | Alfredo Sauce                         | Alfredo Sauce                         | Alfredo Sauce                         |
| Spaghetti Sauce                       | Spaghetti Sauce                       | Spaghetti Sauce                       | Spaghetti Sauce                       | Spaghetti Sauce                       | Spaghetti Sauce                       | Spaghetti Sauce                       |
| Crushed Red Pepper                    | Crushed Red Pepper                    | Crushed Red Pepper                    | Crushed Red Pepper                    | Crushed Red Pepper                    | Crushed Red Pepper                    | Crushed Red Pepper                    |
| Fresh Steamed Italian Vegetable Blend | Fresh Steamed Italian Vegetable Blend | Fresh Steamed Italian Vegetable Blend | Fresh Steamed Italian Vegetable Blend | Fresh Steamed Italian Vegetable Blend | Fresh Steamed Italian Vegetable Blend | Fresh Steamed Italian Vegetable Blend |

*Salad Bar (Specials)*

|           |           |           |           |           |           |           |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|

*Soup (Specials)*

|                       |                          |                                   |                       |                          |                                   |
|-----------------------|--------------------------|-----------------------------------|-----------------------|--------------------------|-----------------------------------|
| Beef Barley Soup      | Chicken Noodle Soup      | Beef And Spaetzle Soup            | Chicken Dumpling Soup | Broccoli And Cheese Soup | Beef And Spaetzle Soup            |
| Black Bean Soup       | Sausage And Corn Chowder | Butternut Squash Soup             | Beef And Bean Chili   | Chicken Tortilla Soup    | Butternut Squash Soup             |
| Chicken Dumpling Soup | Tomato Basil Soup        | Chicken Wild Rice Soup With Bacon | Garden Vegetable Soup | New England Clam Chowder | Chicken Wild Rice Soup With Bacon |

*Deli Bar (Specials)*

Made To Order Deli Sandwiches  
Kettle Chips  
Muffaletta Sandwich

*Sweets (Specials)*

|                       |                               |                                   |                              |                           |                                   |
|-----------------------|-------------------------------|-----------------------------------|------------------------------|---------------------------|-----------------------------------|
| Cake Devils Food Prd  | Traditional Rice Krispie Bars | Cake Brownie Double Chocolate Prd | Cake Carrot Cream Cheese Prd | Rice Krispie Scotcheroots | Cake Coffee Cinnamon Streusel Prd |
| Chocolate Chip Cookie | Oatmeal Raisin Cookie         | Peanut Butter Cookie              | Sugar Cookie                 | Chocolate Chunk Cookie    | Rocky Road Cookie                 |