

# CONFERENCE ON **TRAUMA & PTSD**

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MONDAY, FEBRUARY 26, 2024 • 9:00am – 3:00pm • 4 CE CREDITS

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Anderson Student Center • Woulfe Hall (3rd floor)

Please join the University of St. Thomas community as we come together to improve the understanding and treatment of trauma in individuals, systems, and communities. This year's conference will feature Keynote speaker Michelle Trotter-Mathison, PhD, LP, who will speak on **therapist burnout and resilience**. Other featured topics include **working with generational trauma, trauma and health disparities, impacts of attachment and military trauma on families and couples, and trauma experiences in LGBTQ+ and Muslim populations**. Additional breakout sessions will cover interventions such as **Internal Family Systems Therapy, Accelerated Resolution Therapy, and trauma-informed sexual assault response**.

*The PTSD Awareness Conference is presented as a collaboration between the Center for Well-Being and the Paul and Sarah Karon Veterans Resource Center at the University of St. Thomas.*

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## TARGET AUDIENCE:

The conference is open to all community members as well as behavioral health students/trainees and professionals seeking continuing education credits.

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## CONTINUING EDUCATION CREDITS:

The conference has been approved for Continuing Education credits by the following:

Minnesota Board of Psychology

Minnesota Board of Social Work

Minnesota Board of Behavioral Health

Minnesota Board of Marriage and Family Therapy

*Participants must attend the entire conference to receive credit. No partial credits will be given.*

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## REGISTRATION:

\$50 registration cost includes campus parking, lunch, and CE credits.

[Register here for the 2024 Conference on Trauma & PTSD](#)

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## PARKING AND TRANSPORTATION:

[Check here for parking information](#)

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CONFERENCE SCHEDULE ON NEXT PAGE:

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- 9:00 – 9:30am: REGISTRATION – 3rd floor of Anderson Student Center
- 9:30 – 10:20am: WELCOME and KEYNOTE ADDRESS  
***The Resilient Practitioner***  
Michelle Trotter-Mathison, PhD, LP
- 10:30 – 11:30am: BREAKOUT SESSION 1  
***Healing Trauma from Within: Internal Family Systems in Therapeutic Practice***  
Jackie Henry, PsyD, LP  
***Trauma-Informed Sexual Assault Care in College Health***  
Jessica Lemker, DNP, APRN, FNP-C, PHN, CEN  
***Relational Trauma: Helping Partners Heal Through Couples Therapy***  
Whitney Wessels, MSW, LICSW
- 11:40 – 12:30pm: LUNCH (included with registration)
- 12:40 – 1:40pm: BREAKOUT SESSION 2  
***From Trauma to Healing: Improving the Experiences of Muslim Students and Clients***  
Sadaf Rauf Shier, PhD  
***Intergenerational Trauma: The Hidden Trauma***  
Phil Rosier, LMFT, PsyD  
***Intimate Partner Violence in Queer Relationships: Understanding Themes and Interventions for Relational Well-Being***  
Nicole (Gigi) Giordano, PhD, LP
- 1:50 – 2:50pm: BREAKOUT SESSION 3  
***Treating Trauma Using Accelerated Resolution Therapy***  
Michael Harris, MS, MA, LPC  
***Perinatal Mental Health Disparities from Conception to Birth: Helping BIPOC Mothers Thrive***  
Anshan Moore Eckard, PhD, LP  
***Therapy with Veteran and Military Couples***  
James McAuley, Ph.D., LMFT
- 2:50 – 3:00pm: Complete conference evaluations and pick up continuing education credit certificates.

*presented as a collaboration between*