

Internship Admissions, Support, and Initial Placement Data

Internship Program Admissions

Date Program Tables Updated: August 2026

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

Applicants must meet the following prerequisites to be considered for our program:

1. Doctoral student in clinical or counseling psychology program accredited by the American Psychological Association (APA) or the Canadian Psychological Association (CPA).
2. Approval for internship status by graduate program training director.
3. A minimum of 1,000 hours of supervised experience, 350 of which should be direct clinical service hours, in counseling or clinical work, completion of qualifying examinations and all coursework. Dissertation proposals must be approved before the start of the internship. Successful applicants will have demonstrated interest in college or university counseling and/or higher education.

Selection Process

All applications are read by the Training Director and a second senior member of the Training Committee and select which applications to advance for review by the selection committee. The intern selection committee, comprised of senior training staff and a current doctoral intern, read, and evaluate those applications. Applications are reviewed based on candidate's interest and experience in each of our competency areas. We prefer candidates with experience working with college and/or university-aged populations. We are interested in applicants who are self-reflective, self-directive, and want to learn and experience what our site has to offer them. The University of St. Thomas Doctoral Internship Program is committed to ensuring diversity among our training cohort, and we seek candidates representing different kinds of programs and theoretical orientations, geographic areas, ages, racial and ethnic backgrounds. Applicants who receive the highest ratings are invited to participate in interviews held in January. All our interviews are conducted via Zoom teleconference. University of St. Thomas appointments conform to a variety of requirements, including legal eligibility for employment in the U.S. (sometimes called the I-9 requirement) and a background check that verifies that educational credentials are valid and that candidates have no criminal or other record that would preclude employment in the University's judgment. These are conducted following the APPIC Match, but the outcome of these background checks has the potential to preclude appointment. The University of St. Thomas is an equal opportunity, affirmative action employer.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours	☐ NO	☒ YES	Amount: 350
Total Direct Contact Assessment Hours	☒ NO	☐ YES	Amount:

Describe any other required minimum criteria used to screen applicants:

Applicants should have 1,000 of supervised clinical hours prior to application and 350 of those hours should be direct clinical service hours.

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	36,000	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	☒ YES	☐ NO
<i>If access to medical insurance is provided:</i>		
Trainee contribution to cost required	☒ YES	☐ NO
Coverage of family member(s) available?	☒ YES	☐ NO
Coverage of legally married partner available?	☒ YES	☐ NO
Coverage of domestic partner available?	☐ YES	☒ NO
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	140 hours	
Hours of Annual Paid Sick Leave	Included in PTO hours	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	☒ YES	☐ NO
<i>Other Benefits (please describe):</i> Interns receive 14 paid university holidays (13 + 1 floating holiday). Interns are provided professional development funds to attend the Minnesota Psychological Association Annual Convention.		

***Note: Programs are not required by the Commission on Accreditation to provide all benefits listed in this table**

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2023 - 2026	
Total # of interns who were in the 3 cohorts	9	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Community mental health center	1	0
Federally qualified health center	0	0
Independent primary care facility/clinic	0	0
University counseling center	0	2
Veterans Affairs medical center	0	0
Military health center	0	0
Academic health center	0	0
Other medical center or hospital	0	0
Psychiatric hospital	0	0
Academic university/department	0	0
Community college or other teaching setting	0	0
Independent research institution	0	0
Correctional facility	0	0
School district/system	0	0
Independent practice setting	2	4
Not currently employed	0	0
Changed to another field	0	0
Other	0	0
Unknown	0	0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.