

FIELD EDUCATION CONTRACT EXAMPLES

Agency Objective:

Goal 1: To develop understanding of agency in terms of mission, demographics of population served, funding and organizational structure, etc.

Strategies:

- Attend agency orientation
- Participate in program orientation
- Review the website.
- Meet with Director of Development and review annual report
- Attend a board meeting
- Visit and interview staff from other programs.
- Prepare agency overview for seminar

Assessment:

- Give feedback on orientation process to supervisor
- Review agency presentation assignment with supervisor
- Present agency overview in seminar.

Ethics/Justice Objective:

Goal 1: Learn about the specific needs of and resources for systemically working with homeless youth.

Strategies:

- Meet with outreach worker to discuss the needs of the homeless youth population
- Shadow Carrie on at least 3 street outreach shifts
- Attend the monthly Minneapolis Collaborative network meeting.
- Interview 2 youth about the barriers they face in reaching resources
- Meet with Sarah to learn about legislative activities the agency is involved in

Assessment:

- Journal following my attendance at meetings and shadow shifts and bring in to supervision to discuss.
- Share with my seminar about the current initiatives for impacting youth services.
- Attend social work day at the capital

Goal 2: Assess the issues of ethics and justice in the hospital setting

Strategies:

- Meet with 2 social workers through to discuss the barriers to services for patients
- Attend an ethics review meeting
- Identify resources for low income patients
- Journal about barriers I witness based on client stories and attendance at rounds

Assessment:

- Share journal and insights with clinical supervisor
- Bring issues to seminar and integrate awareness into case presentation
- Provide advocacy to clients as appropriate

Goal 3: To learn and understand cultural competency guidelines for the provisions of clinical mental health services to American Indians.

Strategies:

- Attend Community gatherings. (Dinners, Dances, Pow Wows)
- Attend an Elder meeting
- Observe and interview community spiritual leaders.
- Review journals and read at least (1) book on the subject of historical trauma
- Discuss cultural issues and issues of historical trauma and their impact on clinical work with 2 clinical therapists in the program.

Assessment:

- Bring issues and questions to discuss in supervision
- Share findings of research in seminar
- Present a case utilizing knowledge. Get feedback from supervisor.

Self-Awareness/Communication Objective:

Goal 1: To increase self awareness regarding value clashes, biases, and judgments that arise in my work with clients.

Strategies:

- Journal weekly about value clashes and reactions to client contacts.
- Interview staff about values clashes and self care.
- Develop own plan of self care.
- Bring reactions and concerns to supervision

Assessment:

- Review journal in supervision and in seminar.
- Review self care plan in supervision

Goal 2: To build my relationship and teamwork skills.

Strategies:

- Practice engagement skills with team members and clients
- Attend and participate in shift change and team meetings
- Present a case in team meetings
- Check in with team about assignments for the day.
- Document my contacts in communication log.
- Assert my own learning needs.

Assessment:

- Review progress with relationship building in supervision
- Review cases in supervision
- Present a case in seminar
- Have supervisor review documentation
- Review progress on learning goals periodically in supervision and at mid-term.

Practice Methods Objectives:

Goal 1: To develop skill in conducting diagnostic assessment with clients.

Strategies:

- Observe supervisor conducting diagnostic assessment
- Write up “mock” diagnosis and assessment using agency template and DSM
- Conduct 5 assessments
- Determine diagnosis
- Write up assessment

Assessment:

- Have supervisor observe interview and get feedback
- Discuss and review diagnostic impressions with supervisor and get feedback
- Discuss in seminar

Goal 2: To develop knowledge and skills in group facilitation

Strategies:

- Determine needs for group within the agency based on feedback from colleagues and supervisor
- Observe other group facilitators facilitate groups
- Identify appropriated curriculum’
- Conduct intakes for the group
- Co-facilitate 2 groups throughout the semester

Assessment:

- Discuss feedback on needs for group with supervisor to determine group purpose
- Review curriculum options with supervisor to determine appropriateness
- Get feedback from co-facilitator regarding group process and dynamics
- Discuss with supervisor
- Discuss with seminar

Supervision/Evaluation Objective:

Goal 1: To develop skills in effectively utilizing clinical supervision

Strategies:

- Discuss expectations and needs with my supervisor in the beginning
- Come to supervision prepared with an agenda
- Share Supervisory Analysis Paper with my field Instructor
- Bring at least one case to supervision each week
- Journal about transference and counter transference issues that arise during my work with clients

Assessment:

- At least twice a semester, discuss our supervisory relationship and effective use of supervisory sessions
- Seek feedback from other therapists regarding my participation in group supervision
- Bring journal to supervision to share and discuss transference/counter transference issues