Quick Reference for Submitting a Claim On-Line

When you log into the site (https://fmla.sunlife-usa.com), be sure to click on “register” as you are a new user to the site.

When you click on “register” you will be brought to this screen:
After you complete this screen you will hit the “Submit/Log in” button and be brought to the screen to initiate filing your claim:

Registration Successful!

Your have been registered successfully.

- To submit a new leave request, please click here.
- To check status of existing leave requests, please click here.