Please refer the student to Health and Human Performance department as soon as possible.

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<th>First Year</th>
<th>Sophomore</th>
<th>Junior</th>
<th>Senior</th>
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<tr>
<td><strong>Semester 1</strong></td>
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<tr>
<td>PSYC 111 or SOCI 100</td>
<td>PHED 208</td>
<td>HLTH 353</td>
<td>HLTH 464</td>
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<tr>
<td>BIOL 105 (if not taking 101)</td>
<td>HLTH 285</td>
<td>HLTH 341</td>
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<td><strong>Semester 2</strong></td>
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<td>BIOL 101 (if not taking 105)</td>
<td>HLTH 310</td>
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<td>HLTH 250</td>
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<td>HLTH 275</td>
<td>EDUC 210</td>
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<td>EDUC 212</td>
<td>EDUC 339</td>
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**REQUIREMENTS FOR DEGREE**

**Block I**
- EDUC 210 Education’s Place in Society & Field Experience
- EDUC 212 Human Relations and Multicultural Education

**Block II**
- EDUC 330 Psychology for Teaching and Learning
- EDUC 332 Field Experience: Learning & Teaching (5-8) (0 credit)
- EDUC 355 Reading for the 5-12 Teacher
- HLTH 341 Health Education: 5-12 Curriculum & Assessment
- HLTH 351 Health Education: 5-12 Methods & Instruction
- Plus:
  - HLTH 250 Personal Health and Wellness
  - HLTH 275 Lifelong Stress Management (2 credits)
  - HLTH 285 Alcohol, Tobacco & Other Drugs (2 cr)
  - HLTH 310 Global Health
  - HLTH 345 Nutrition for Health and Fitness
  - HLTH 353 Consumer, Community & Health
  - HLTH 400 Epidemiology
  - HLTH 462 Human Sexuality Education
  - HLTH 464 Critical Issues in Health Education
  - PHED 208 Human Anatomy & Physiology

**Block III**
- EDUC 339 Field Experience III: Health Ed (0 credit)
- Plus:
  - BIOL 101 General Biology
  - BIOL 105 Human Biology

**Block IV**
- EDUC 456 Inclusive School Communities (2 credits)
- EDUC 460 Clinical Practice and Seminar (10 credits)
- Plus:
  - PSYC 111 General Psychology
  - SOCI 100 Introduction to Sociology

**Recommended:**
- PSYC 200 Psychology of Infancy and Childhood
- PSYC 203 Psychology of Adolescence

**Plus:**
- Demonstrated competence on all required state standards