

Campus Ministry

Campus Ministry believes that the depth of our faith powerfully affects the way we live and what we become. Christ affects us by giving our lives meaning and purpose. But faith can be especially challenged in college. It is in response to this challenge that Campus Ministry invites students, faculty and staff to explore their faith more fully through worship, service and personal growth.

In addition to six full-time professionals, Campus Ministry employs a team of residence hall chaplains and twenty student employees. The staff coordinates the religious life of the campus and offers a variety of programs.

In the area of worship, there are daily, Sunday and special community masses, penance services, evening prayer, and ecumenical services. Students can participate in worship through the Liturgical Ministers Program, Chapel Singers and the Liturgical Choir.

In the service area, Campus Ministry sponsors the Volunteers in Action program and VISION J-term and spring break volunteer service trips.

To inspire personal growth, Campus Ministry has a number of programs, including prayer groups, retreats, pastoral counseling and referral, marriage preparation, crisis intervention, special groups for support (*e.g.*, Faith in Action – a chapter of Courage ministry for those dealing with sexual orientation issues), and Common Ground – a house of hospitality where students gather to relax, pray, study, and meet new people.

Campus Ministry also offers the Rite of Christian Initiation for Adults (RCIA) to those who are preparing for baptism, eucharist and confirmation in the Catholic Church.

The Center for Campus Ministry is located in Murray-Herrick Center.

Personal Counseling and Testing

Personal Counseling is available to help students deal with a wide variety of concerns from the concerns of daily living to problems of a more serious nature. In addition to the licensed psychologists employed by the university, outside referral sources are also available. Personal Counseling also provides groups, workshops, seminars and consulting services on a variety of topics. Walk-in hours are available every day and are listed in the Daily Bulletin. Complete confidentiality is maintained in accordance with legal requirements and the professional code of ethics. The Personal Counseling Website has an extensive self-help section including anonymous screening for depression, anxiety, alcohol and eating disorders: www.stthomas.edu/personalcounseling.

Testing Services

Testing Services located in the Personal Counseling Office offers a full range of services including personality assessment, career testing, and group tests such as the Law School Admissions Test and the Miller Analogies Test.

Career Development Services

The Career Development Center provides expertise and information to students and alumni. This includes assistance with the tools and methods necessary for finding jobs and internships. The department provides individual assistance and convenient access to quality resources.

Individual counseling, seminars and a variety of resources are offered to assist in:

- Self-assessment and vocational testing
- Career choice
- Major field choice and change
- Researching specific careers and employers
- Seeking internships, full-time, part-time and summer employment
- On-campus interviewing
- Utilizing technology in career development

Career Coaching and Counseling

Confidential, individual appointments and work-shop presentations are used to assist students with skill building and career planning. Students explore their interests, values and abilities to determine possible career options.

Web Services

Our services can be accessed on the Web from campus, work, home, or anywhere with an Internet connection. Our Website is an invaluable asset, acting as a technological enhancement to broaden the reach of our services. It features seminars, handouts and information produced by our office, as well as suggested links to career resources on the Web.

www.stthomas.edu/careerdevelopment

Commuter Center and Off-Campus Services

The Commuter Center provides hospitality, information, programs, resources, and services to all students with an emphasis on commuters, non-traditional students, and students that live in the immediate neighborhood. Services include: off-campus housing listings; renter education materials; free legal advice; locker rentals; commuter e-mail updates; a student parent lending library; and lounge space with a microwave, refrigerators and computers. The Center is located in the lower level of Murray Herrick Campus Center. Phone: 651-962-6138; Website:

www.stthomas.edu/commutercenter

Multicultural Student Services

Multicultural Student Services (MSS), consistent with St. Thomas/ Catholic tradition, is concerned with providing a comprehensive system of advocacy and support for immigrant and U.S. students of color. The goal is to improve retention and the quality of the UST experience. We strive to prepare all students to think and act responsibly when confronted with the myriad diverse and changing needs of their local community and the world at large. Initiatives addressing academic support, developing partnerships and educational programming complement the academic mission of the university.

Multicultural Student Services also provides scholarships for undergraduate U.S. students of color. Information about these and other funding opportunities may be obtained from Student Financial Services.

Student Services

International Student Services

International Student Services provides advising and programming to support international students as they pursue their educational, career, and personal goals. This includes promoting the full integration of international students into the university community and intercultural training for students, faculty and staff.

International Student Services provides the following services and programs:

- Orientation programs (2-4 days) for new students about academic, cultural, legal, and practical life at a U.S. university
- Immigration advising for all nonimmigrant students and documentation for F-1 and J-1 students
- Counseling and advising on academic, cultural, financial, health, practical and personal matters
- Mentor Program: US and international students are hired and trained to serve as guides and helpers to new students
- Weekly International Student Electronic Newsletter
- A Website with information on programs and services, immigration rules, activities and programs, and the newsletter:

www.stthomas.edu/oiss

OISS@stthomas.edu

- Coordinate the International Education Week activities at St. Thomas each Fall Semester in collaboration with the International Matrix
- Close cooperation with the Globally-Minded Student Association, with U.S. and international members, which promotes interaction and interchange of ideas through social and cultural activities
- Cultural and educational programming such as the CultureLink, Communication Partners, and Friendship Family programs
- Career and job-search workshops in cooperation with the UST Career Resource Center

Box Office & Expeditions

The Box Office & Expeditions offers the university community the opportunity to purchase tickets to many UST campus-sponsored events (including campus dances and concerts), as well as discounted tickets to many local Twin Cities cultural, theatrical and athletic events. A sampling of tickets includes local theater productions, museums, athletic events, movie theaters, and specialty entertainment.

Expeditions is the campus outdoors programming and educational center. Expeditions offers a wide variety of outdoor camping, sporting and athletic equipment for a minimal fee.

Housing

The University of St. Thomas houses approximately 2,400 students in its residence halls, apartments, and other university-owned housing.

Living on campus provides students the opportunity to become part of a dynamic community. This community includes students with all kinds of backgrounds, lifestyles, and interests. Participating in such a community enhances the opportunity to establish a healthy balance of academic study and relaxation.

The University of St. Thomas offers traditional residence halls and apartment style living on the St. Paul campus. St. John Vianney Hall is the college seminary

residence.

Living on campus provides the convenience of living close to classes and faculty along with extra amenities like wireless internet access, free laundry, study areas, computer labs, and recreation space. Koch Commons, which connects Morrison, Dowling and Brady halls, has a fitness center and the Pit Stop, which sells smoothies, sandwiches and other snacks.

Nestled in a residential neighborhood in the city, students find St. Thomas to be a safe campus. The department of campus and residence life works to enhance the safety of students on campus through ground level security screens, ID card access, sprinkler systems, and night access staff. UST Public Safety is available 24 hours a day and a professional residence life staff member is on call each night.

Upon admission to the undergraduate program, each student will receive an *Application for On Campus Student Housing* along with instructions for completing the process online. New students desiring space in the residence halls must pay a \$200 housing deposit to the Office of Admissions either with a paper application or through the online process. The \$200 housing deposit is credited to the student's room and board charges during the first semester of residence. Priority for housing is based on the date the housing deposit is received.

Continuing students apply for housing for the coming academic year in the spring semester. The application process and deadlines are published in the Bulletin and on the residence life website during the spring semester. On-campus dining offers the most convenient options. Resident students (except upper-class students living in on-campus apartments in Morrison, Selby & Grand Ave) are required to purchase a meal plan.

All of the residence halls are described in detail on the residence life website including building amenities, room furnishings, floor plans, and 360 degree photos. Information on what to bring and what not to bring is provided on the website and included when housing assignments are mailed to new students.

Information and policies for residence life are found in the *Housing and Food Service Agreement* and the *Resident Student Handbook*. Both are available from the Office of Residence Life in Koch Commons or on the residence life website.

Visit www.stthomas.edu/residencelife for additional and updated information about living on campus.

Dining Facilities

All food locations accept Flex or Express dollars and cash.

St. Paul campus

Murray-Herrick Center houses a number of dining areas designed to meet the needs of various segments of the student population.

The *Food Court* is on the second floor, along with several areas used for special dining and catered events. The Food Court dining area is used for students on the board plan, although anyone may eat in the facilities.

The *Grill* is located on the main floor. Besides its main function of serving food – breakfast through dinner – the Grill provides a central gathering place for students.

Scooter's, located on the lower level, features pizza,

gourmet burgers, Dunn Brothers coffee, espresso, various snack and beverage items. It has a dance floor, a stage for live entertainment, a large screen TV and special sound equipment.

The *C-Store* is located adjacent to Scooter's on the lower level. Assorted snacks and sundries are available.

The *Pit Stop*, is located on the lower level Koch Commons between Brady and Dowling Residences. It provides deli sandwiches, Freshens® smoothies, frozen yogurt, Pretzel Logic large fresh baked pretzels with various toppings, and snack items.

The *Binz Refectory* is located on the south cam-pus adjacent to the soccer field. Students who have a food service contract, commuter students and guests may dine in the West dining room.

Beakers is located on the second floor in the Owens Science building. It features Dunn Brothers coffee and espresso, Deli Express Sandwiches, and various snack and beverage items.

Minneapolis campus

Food for Thought restaurant is located on the second floor of the 1000 LaSalle building, offering several different display cooking stations including Asian, Mexican, Grill, Deli, Pennini's, Pizza, salad bar, soups and a variety of other food, snacks, and beverage selections. We also feature Starbucks coffee in the Food Court.

Student Health Service & Travel Clinic

Student Health Service is an acute health care clinic and Travel Clinic, located in the lower level of Brady Residence Hall. The clinic is designed to meet students' individual medical, travel, and preventative health needs in a compassionate, culturally sensitive, and confidential manner. Health care needs are addressed by either a physician, nurse practitioner or a registered nurse.

Regular clinic hours are Monday through Friday 8:00 a.m. to 4:30 p.m. Same-day appointments are usually available. Please call 651-962-6750 to schedule appointments.

Most services of the center are provided free of charge except travel visit, immunizations, prescription drugs, and certain laboratory tests.

In cases of a serious illness, students will be transferred to one of the area hospitals where they will be treated with charges billed to the student's insurance company.

Urgent Care centers and Emergency resources are listed on the Student Health Service Website www.stthomas.edu/studenthealth. The university offers an optional health and medical care insurance plan to all UST students. International students are required to participate in this insurance plan unless they can demonstrate comparable coverage. The policy is a low-cost accident and sickness insurance plan underwritten by a national insurance company. Information on these policies is sent to returning students and incoming freshmen every year.

All students must submit a health history and immunization record. A physical exam is required for any student wishing to participate in sports.

All students born after 1956 who are enrolled in a Minnesota public or private college or university are

required by Minnesota law to be immunized against diphtheria, tetanus, measles, mumps, and rubella. Questions should be addressed to the Student Health Service. A Record of Immunization form is available on the Student Health Service Website listed above.

Travel Clinic

Student Health Travel Clinic is now available for UST students.

The ideal time for a consultation is six to eight weeks before your trip. Consultations cannot be conducted over the phone. Travel experts are available 8 a.m. to 4 p.m., Wednesday and Thursday. Call 651-962-6750 to schedule an appointment.

At the Student Health Travel Clinic, health care professionals individualize care to one's specific medical history, itinerary and planned activities abroad to help minimize risk of exposure to infection. The Student Health Travel Clinic is a yellow fever vaccination center approved by the Minnesota Department of Health and the Center for Disease Control.

The travel clinic specialists will conduct a complete evaluation and provide you with:

- a thorough assessment of your medical history as it pertains to the risks of travel and prevention from infection
- general information on how to minimize exposure to insects and water-borne infections and sexually transmitted diseases, and other travel tips
- immunizations appropriate to your destination(s), your planned activities while there and your current medical condition
- medication to prevent malaria, where appropriate
- educational materials regarding the countries you will be visiting including infectious disease risks
- follow-up care upon your return if necessary

Wellness Center

The Wellness Center is dedicated to assisting students, staff, and faculty in developing healthy lifestyle choices and promoting behaviors that result in enhanced well-being. The center embraces the concept of wellness in developing the whole person.

The center offers programs, resources, and educational material on health promotion and illness prevention. The center is designed to increase the overall health of the university community and promote healthy lifestyle choices that will serve individuals throughout their lives.

The center is located in the lower level of Koch Commons.

Public Safety and Parking Services

The Department of Public Safety and Parking Services is located on the first floor of Morrison Hall and is open 24 hours a day, 7 days a week for the community's convenience. Public Safety officers are always on duty to answer questions or assist in whatever way possible.

Parking

Parking lots on University of St. Thomas property are open to vehicles with the appropriate UST parking permit. Faculty, staff and students must have a permit to park on campus.

Permits may be purchased at the Department of

Facilities

Public Safety and Parking Services, or at designated locations throughout campus during the first week of the fall semester.

Visitors to the University of St. Thomas St. Paul campus may park in the Morrison Hall ramp, the parking meters, or in Lot T with a south campus visitor permit.

Resident students are required to enter a permit lottery in order to be eligible to purchase a parking permit. Lottery forms for the following fall are included in the Residence Life contract mailed out in the Summer.

In order to purchase a parking permit, a UST identification card is required. Resident students are required to provide an accurate license plate number of the car. Persons purchasing a parking permit will receive a parking map indicating the lots available for the type of permit purchased, and a book or Web address of rules and regulations regarding parking.



Chapels

Chapel of St. Thomas Aquinas

The present Chapel of St. Thomas Aquinas was built in 1917. E.L. Masqueray, who also designed the St. Paul Cathedral and the Basilica of St. Mary, Minneapolis, was the architect. The university's chapel is an excellent example of the classicized mode of design that emanated from the Ecole des Beaux Arts during the early years of the twentieth century.

The luminous stained glass, designed by Chester Leighton of Minneapolis, and the paintings containing sacred and secular details by Joseph Capecci and Carl Olson, were installed in the 1940s. The chapel was renovated in 1987.

In 1987, a three-manual 56-rank mechanical action pipe organ, designed and built by Gabriel Kney of London, Ontario, was installed.

St. Mary's Chapel

St. Mary's Chapel of The Saint Paul Seminary was begun in 1901 and consecrated in 1905. Designed by Minnesota architect Clarence H. Johnston in the basilica style, it blends Romanesque and Byzantine architecture. Artist Bancel LaFarge of New Haven, Connecticut, completed the installation of the stained glass and murals in the 1930s.

The chapel was renovated in 1973, and more extensively in 1988. This project was undertaken with the assistance of liturgical consultant Frank Kacmarcik. A new sanctuary area was created in the north end of the chapel allowing the apse area to become the environment of the baptismal font and new access to the chapel.

In the spring of 2000 a two-manual, 27-rank mechanical action pipe organ designed by Noack Organ Company of Georgetown, Massachusetts, was installed.

St. John Vianney Chapel

The university seminary chapel was redesigned in 1998 by the Rev. Peter Christensen, the rector at that time. The theme of the chapel is "The Tree of Life." The chapel, an adjoining Eucharistic chapel, and an adjacent prayer room, replicating a medieval monastic cloister, are open for anyone wishing to use them. The seminary has become a focal point for contemporary religious art, including the iconic triptych in the foyer and the mosaic behind the altar.

A small one-manual Van Daalen organ was moved to the chapel in 2000.

Florance Chapel

The Florance Chapel is the lower chapel in the Chapel of St. Thomas Aquinas. An award-winning design in its renovation, it incorporates modern furnishings in the prairie school style of Frank Lloyd Wright along with some of the oldest sacred sculptural artwork owned by the university.

St. Thomas More Chapel

Located in the School of Law on the Minneapolis campus, the two-story St. Thomas More Chapel features colored art-glass windows, seating for more than 100 and a striking bronze crucifix. A meditation room overlooking the chapel on the second floor provides a quiet respite and a place for reflection.