

Campus Ministry

Campus Ministry believes that the depth of our faith powerfully affects the way we live and what we become. Christ affects us by giving our lives meaning and purpose. But faith can be especially challenged in college. It is in response to this challenge that Campus Ministry invites students, faculty and staff to explore their faith more fully through worship, service and personal growth.

In addition to eight full-time professionals, Campus Ministry employs a team of residence hall chaplains, a deacon, a secretary, and 17 student ministers. The staff coordinates the religious life of the campus and offers a variety of programs.

In the area of worship, there are daily and special community masses, penance services, evening prayer, and ecumenical services. Students can participate in worship through the Liturgical Ministers Program, Chapel Singers and the Liturgical Choir.

In the service area, Campus Ministry sponsors the Volunteers in Action program, VISION J-term and spring break volunteer service trips, and the Student Coalition for Social Justice.

To inspire personal growth, Campus Ministry has a number of programs, including Bible study, prayer groups, retreats, pastoral counseling and referral, marriage preparation, crisis intervention, special groups for support (e.g., gay/lesbian group, grief group, vocation inquiry) and special seminars on different aspects of Christian life.

Campus Ministry also offers a yearlong program, the Rite of Christian Initiation for Adults (RCIA) to those who are preparing for baptism, confirmation or initiation into the Catholic Church.

The Campus Ministry Center is located in Murray-Herrick Center.

Personal Counseling and Testing

Personal Counseling is available to help students deal with a wide variety of concerns from the problems of daily living to problems of a more serious nature. In addition to the professional counselors and psychologists employed by the university, outside referral sources are also available. Personal Counseling also provides groups, workshops, seminars and consulting services on a variety of topics. Walk-in hours are available every day and are listed in the *Bulletin*. Complete confidentiality is maintained in accordance with legal requirements and the professional code of ethics.

Testing Services

Personal Counseling Office offers a full range of services including personality assessment and career testing.

Career Services

The staff in Career Services help students to identify viable career options and goals and to explore the impact of those goals on their total personal development and future lifestyle. The Center helps students with the procedures involved in gaining employment or seeking admission to graduate or professional schools. A description of the services available to assist students with their career development follows.

Career Resource Center

The Center offers students access to written and video materials to assist them as they explore personal occupational and graduate or professional school interests. The Center also offers literature on employing organizations, a computerized career exploration system, and the St. Thomas Career Information Network (CIN). Career Assistants are available to assist students and to direct them to other resources on and off campus.

Internships

Internships are opportunities for students to acquire work experience related to their academic major field or career interests.

Students may intern in a variety of settings in the private and the public sectors. Many choose part-time internships while attending classes.

Participation serves to extend the learning of the classroom, as theory is applied in the work place. Students also acquire an understanding of the professional demands and requirements of a particular career and prepare for the transition from the academic atmosphere to the world of work.

Job Search Assistance

Graduating seniors and alumni are assisted with job-seeking skills and the development of strategies for their job search. On-campus interviews with employers are available to seniors. The Career Hotline And Resources Listing Internships and Employment (CHARLIE), allows students 24-hour access to full-time internships and jobs. Students also have access to two state-wide Job Fairs sponsored by Career Services.

Career Counseling

Confidential, individual appointments and workshop presentations are used to assist students with skill building and career planning. Students explore their interests, values and abilities to determine possible career options.

Student Services

Multicultural Student Services

Multicultural Student Services provides a variety of services for Latino/Chicano/a, African American, Native American and Asian Pacific Islander students functioning as a means of networking and advocacy. Initiatives addressing academic support, mentoring support, student programs and leadership development are designed to complement university services.

HANA, the multicultural student organization comprises four ethnic peer associations that provide peer support, leadership opportunities and service to the campus and Twin Cities communities.

In addition to others available through the university, Multicultural Student Services offers several scholarships for American students of color. Information about these and other funding opportunities can be obtained from Student Financial Services.

International Student Services

The Office of International Student Services counsels and advises international students and exchange visitors in the area of immigration matters, financial concerns, housing information, and personal problems.

In order to assist the international students in adjusting to the university and local community, the office sends pre-arrival information to newly accepted students and conducts a comprehensive orientation program.

Special programs and activities, designed to promote international understanding and cultural exchange, both on and off campus, are planned and coordinated by the office. Valuable information about the university and the community is provided through a bi-monthly newsletter, the *Orientation Handbook*, and the *Prospectus for International Students and Scholars*. The office also advises an active International Student Association.

The office acts as a liaison between international students and the various administrative and departmental offices of the university, agencies of the federal government and private organizations.

All international students must participate in the mandatory health and accident insurance program at the university. Payment for this coverage is required at the time the student registers. This coverage is effective world-wide and throughout the year.

Housing

The University of St. Thomas has accommodations for approximately 1,840 students in its residence halls, apartments, and other university-owned housing.

The residence halls (Brady, Cretin, Dowling, Grace, Ireland, John Paul II, Murray) and apartment residence are managed by professional staff and undergraduate resident advisers. St. John Vianney is the college seminary residence hall.

The residence halls have computer rooms, laundry rooms, study lounges and recreation rooms. Some sports equipment, tools, cleaning equipment and games are available for student use.

Upon admission to the College, each student will receive an *Application for On Campus Student Housing*. New students desiring space in the residence halls must complete the application and return it to the Office of Admissions with a \$100 room deposit which is credited to the student's room and board charges during the first semester of residence. These applications are considered on the basis of date received. Students currently living in university housing must complete the *Application for On Campus Student Housing* by the date established by the Office of Residence Life for the coming academic year.

For specific financial information, each student should refer to the *Residence and Food Service Agreement*, and the *Summary of Financial Procedures* for the current year. Both are available from the Office of Residence Life, Koch Commons. With the exception of the Grand Avenue apartment residents, and juniors and seniors in the apartment residence, all students living on campus must purchase one of the available options for a meal contract.

Students who will be residents should bring their own sheets, pillows, blankets, towels and washcloths. They also should bring their own desk accessories. Laundry rooms with automatic washers and dryers are available for student use.

Each student is provided with a bed, dresser, closet space, desks, desk chair, and lounge chair. Rooms in John Paul II and Murray Hall are provided with lamps and tables. John Paul II, Murray, and Grace Halls are also carpeted and have private bathrooms. The apartment residence includes furnished living rooms, bedrooms, full bathrooms and kitchenettes.

Each student room has telephone service at no cost except for long distance charges, and voice mail. An Internet and cable TV connection is available in each room.

Additional information regarding residence hall life is contained in the *Resident Student Handbook*.

Dining Facilities

All food locations accept Flex or Express dollars and cash.

Main campus

Murray-Herrick Center houses a number of dining areas designed to meet the needs of various segments of the student population.

The Food Court is on the second floor, along with several areas used for special dining. The Food Court dining area is used for students on the board plan, although anyone may eat in the facilities.

The Grill is located on the main floor. Besides its main function of serving food – breakfast through dinner – the Grill provides a central gathering place for students.

Scooter's, located on the lower level, is a casual cuisine and entertainment center. It has a dance floor, a stage for live entertainment, a large screen TV and a special sound system.

Koch Commons is located between Brady and Dowling Residences. It provides deli and various snack items.

South campus

Binz Refectory is located on the south campus. Students who have a food service contract may dine in the west dining room. The *Binz Café* is located in the same building for those who wish to select refreshments, grill items and snacks.

Minneapolis campus

Food for Thought restaurant is located on the second floor of the Minneapolis Campus, offering a variety of food selections and snack items.

Health Service

A modern health center, located in Brady Hall, handles the medical needs of both resident and day students. The center is equipped to handle most minor illnesses and accidents. A physician holds regular office hours Monday through Friday. Please call for appointment times. Appointments are encouraged, but walk-ins will also be seen. A nurse practitioner staffs the health service from 8 a.m. to 4:30 p.m. and is able to handle concerns of the young adult.

All services of the center, except for prescription drugs and immunizations, are provided free of charge. In cases of a serious illness, students will be transferred to one of the area hospitals where they will be treated at their own expense.

In conjunction with a national insurance company, the university offers a plan of health and medical care insurance to U.S. citizens on an optional basis. Foreign students are required to participate. The policy is designed to be a low-cost health plan for students. Information on these policies is sent

to returning students and incoming freshmen every year.

All students must submit a physical and health record attested to by their primary care physician, if they are going to participate in sports, study abroad, or use the health service as their primary care clinic during their college career.

All students born after 1956 who are enrolled in a Minnesota public or private college or university are required by Minnesota law to be immunized against diphtheria, tetanus, measles, mumps, and rubella. These immunizations must have been done within a certain time frame. Questions about this requirement and exemptions allowed for by the law should be addressed to the Health Service. A *Record of Immunization* form is available from the Office of Admissions or the Health Service.

Wellness Center

Through educational programs, services, and resources, the Wellness Center seeks to improve UST as a “well” organization, and empower students, staff, and faculty to live healthier lives. Programs have included aerobic classes, stress management, massage, relaxation, diet analysis, walking/running, sexual health, quit smoking, alcohol education, yoga, and healthy relationships. Pamphlets, books, audio and video tapes are available on a variety of topics.

The Wellness Center is located in Koch Commons.

Public Safety and Parking Services

The Department of Public Safety and Parking Services is located on the first floor of the apartment residence and is open 24 hours a day, 7 days a week for the community's convenience. Public Safety officers are always on duty to answer questions or assist in whatever way possible.

Escort Service

The UST escort program provides a welcome and worthwhile service to people who want to be walked to their cars, night classes or locations within a six-block radius of the St. Paul campus, or a one-block radius of the Minneapolis campus.

Parking

All parking lots on University of St. Thomas property are open to vehicles with a valid UST parking permit. Faculty, staff, students and visitors must have a permit to park on campus. Guests may park at a meter without a permit as long as the meter is paid.

Permits may be purchased at the Department of Public Safety and Parking Services, or at designated locations throughout campus during the first week of the fall semester.